



Unlocking Opportunities: The Sons of the American Legion

The Sons of The American Legion (SAL) is more than just a membership organization. It's a community of individuals who share a deep commitment to honoring our nation's veterans, preserving American traditions, and fostering good citizenship. If you're wondering why you should consider joining the SAL, let's explore the compelling benefits that await you.



The eligibility requirements for SAL membership are straightforward and inclusive. If you fall into any of the following categories, you're eligible:

- Male Descendants: Sons, adopted sons, and stepsons of American Legion members.
- Descendants of Veterans: Male descendants of veterans who served honorably during specific periods:
 - World War I: From April 6, 1917, through November 11, 1918.
 - World War II and Beyond: Any time from December 7, 1941, to the present, as long as the veteran served honorably.

Why Join?

1. Honoring Veterans and Their Families

Veterans Programs: As an SAL member, you actively support veterans' programs. Whether it's volunteering at VA hospitals, assisting with Veterans Administration initiatives, or participating in memorial services, your contribution matters.

Caring for Families: The SAL extends its care to veterans' families. By joining, you become part of a network that provides emotional and practical support to those who have sacrificed for our country.

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2. Community Engagement

Local Activities: SAL members collaborate with American Legion posts to organize community events, fundraisers, and youth programs. Your involvement directly impacts your local community.

Children & Youth Initiatives: The SAL focuses on nurturing the next generation. From scholarships to educational programs, you play a vital role in shaping young minds.

3. Fundraising and Advocacy

Fundraising Efforts: The SAL actively raises funds for various causes, including veterans' welfare, disaster relief, and educational scholarships.

Advocacy for Veterans: As an SAL member, you advocate for veterans' rights and benefits. Your voice amplifies their needs and concerns.

4. Learning and Citizenship

Study Programs: The SAL encourages lifelong learning. Study programs are recommended for younger members, emphasizing history, citizenship, and leadership.

Good Citizenship: By participating in SAL activities, you instill the values of good citizenship in yourself and others.

Joining the Sons of The American Legion isn't just about membership; it's about making a difference. As a SAL member, you honor the past, serve the present, and shape the future. Take the step today and become part of a legacy that celebrates patriotism, camaraderie, and service. For more information and to apply, visit our website at <https://al416nc.wixsite.com/al416nc/about-4-2>

Remember, together, we can continue the proud tradition of supporting our veterans and communities!



UPCOMING ACTIVITY REMINDERS

Tuesday, March 12 – Quarterly Post 416 Dinner @ 6pm, 5419 S. Alston Avenue

Tuesday, March 12 – TAL/SAL & ALA Membership meetings @ 7pm, 5419 S. Alston Avenue

Saturday, March 16 – Post 416 Spring Clean-up CANCELLED

Tuesday, Mar 26 – TAL/SAL Membership meeting @ 7pm, 5419 S. Alston Avenue

Tuesday, Apr 9 – ALA Membership meeting @ 1:30pm, 5419 S. Alston Avenue

Tuesday, Apr 9 – TAL/SAL membership meeting @ 7pm (BBQ planning meeting)

Tuesday, Apr 23 – TAL/SAL membership meeting @ 7pm, 5419 S. Alston Avenue

Sunday, April 28 – BBQ Chicken Dinner, pickup from noon-2pm

TAL – The American Legion **ALA** – American Legion Auxiliary **SAL** – Sons of The American Legion

Updated Post Constitution and By-Laws Proposed

- Written by Bill Granger, Post 416 Adjutant

During the past few months, the Executive Committee has been busy updating and revising our Post Constitution and By-Laws. As it turns out, they have not been revisited since 1994 – and there are a lot of changes that have transpired during that 30 years.

Official notice was emailed to all Post 416 members on February 26 with a mandatory 30-day review period. There are a few hard copies available at the post, as well as an online pdf available for download at https://114b729a-979b-4675-9803-8c3e17797671.filesusr.com/ugd/364c6a_3aac3c80706c40c0840d0937a24d7c23.pdf

The updated Constitution and By-Laws will be voted upon at the Tuesday, March 26th meeting and, if approved, will become effective on July 1, 2024.

Please take the time to review the document and share any desired changes at the March 12th meeting.

BBQ Chicken Dinner April 28th

Post 416 has a long and storied history with our twice-annual BBQ chicken dinners, and now the tradition continues. The next dinner has been scheduled for Sunday, April 28 from noon to 2pm. Meals will be sold at \$12/dinner and feature a ½ pit-grilled chicken covered in an eastern-NC style barbecue sauce, cole slaw, baked beans and a dinner roll. Meals can be enjoyed either dine-in or carryout.



Advance tickets are required and sales will end Monday, April 22. Tickets will be distributed at regular membership meetings in the near future, can be procured from James Snyder at jamesmsnyder@bellsouth.net, or purchased online anytime on the post's website at <https://al416nc.wixsite.com/al416nc/>.

This is always a huge event for Post 416 and involves our entire Legion family and partners. Save the date on your calendar, and be sure to get your tickets now. Don't wait until the last minute to purchase yours. Online sales are available now. You don't want to miss this!



Pack 495 Accelerates at Annual Pinewood Derby

Cub Scout Pack 495 participated in their regional Pinewood Derby in February. Many cub scouts participated and had a great time, as evidenced by these photos!



Peanut Price Increase Reminder

After discussion during a recent membership meeting, it was unanimously agreed by those on hand it was time to announce a price increase to \$8/jar or \$90 for a case of 12 jars. This price will not take effect until July 1, 2024 to allow our vendors and partners time to adjust their pricing accordingly.

Inflationary costs, primarily from glass jars, has been driving down the post's profit margin to the point where this action was deemed necessary to sustain our community impact and existing programs. The model of offering a discount on case purchases was continued to encourage case sales from the post while attempting to shift jar sales to our partners at the two local Triangle ACE Hardware stores.

In addition, when we last raised prices there was concern we might experience a decrease in sales volume – when in reality sales continued to increase year over year. As such, those in attendance felt the market would readily absorb this increase and allow the post to climb closer to a reasonable margin of profit to sustain our community efforts financially into the future.

LOWE'S GROVE, NC POST 416

 **AMERICAN
LEGION**

BBQ Chicken Dinner

\$12/meal

(Cash, check, or credit card)

Dine-In or Carryout from Noon-2pm

**Advance Ticket Purchase Required
Before April 22**



5419 S. Alston Avenue, Durham, NC 27713
<https://AL416nc.wixsite.com/AL416nc>